



KGK

sodexo
at SCHOOL



MAKE YOUR VOICE HEARD
Every voice matters

GIVE YOUR FEEDBACK TO US



 SCAN THIS QR CODE  SPEAK TO A STAFF MEMBER

MENU MECHANISM



All our meals are **Nuts Free**



All our eggs are **Cage Free**



Discover **Locally Made** products



Savor **Low Carbon** footprint produce



Ingredients good for **Planet & Health**



GO & ENJOY

OK BUT THINK

BE CAUTIOUS

All our menus are reviewed by our nutritionists and tailored to the nutritional requirements of specific age groups.

Our **Food Traffic Light** will guide students in making informed meal choices.

ALLERGEN ALERT & FOOD ICONS



A Healthy and Balanced Diet Every Day!



Sign up for our e-Newsletter

Scan QR code to follow & visit us



Sodexo Hong Kong Website



Sodexo Instagram

DISCLAIMER:

Our kitchen handles common allergens like gluten, soy, milk, eggs, fish, and seafood. While we take every precaution to minimize cross-contamination within our kitchens, it may arise due to factors beyond our control and could alter the accuracy of allergen information provided.

Oct 20 - 24

WEEKLY MENU



20/10 Monday

21/10 Tuesday

22/10 Wednesday

23/10 Thursday

24/10 Friday

SOCIAL KITCHEN | Monday: 10:30am - 1:30pm (Lunch: 11:30 - 1:30pm); Tuesday to Friday: 10:30am - 2:30pm (Lunch: 11:30am - 2:30pm)

Meal A \$41 Takeaway \$38 Dine-in	Japanese Curry Pork w/ Rice 	Bacon Mac & Cheese 	Grilled Chicken Steak in Onion Sauce w/ Rice	Coq au Vin w/ Rice	Tori Karaage w/ Cross Trax Fries [\$47]
Meal B \$41 Takeaway \$38 Dine-in	Braised Chicken w/ Leek & Bell Pepper in Black Bean Sauce, Rice	Braised Beef Brisket w/ Radish, Rice	Pork Shogayaki w/ Rice	Fish Florentine w/ Fusilli OR Rice 	Beef Goulash w/ Farfalle OR Rice
Meal C \$38 Takeaway \$35 Dine-in	(Vegan) Organic Veggie Ratatouille Penne 	(Vegan) Channa Masala w/ Rice OR Pita Bread 	(V) Truffle Mushroom Sauce Linguini 	(Vegan) Braised E-fu Noodle w/ Assorted Vegetable 	(Vegan) Stir-fried String Bean & Dried Tofu w/ Kale Borecole, Rice

BOWL | Monday to Friday: Break 10:55am - 11:15am/ Monday: Lunch 12:00nn - 1:15pm; Tuesday to Friday: Lunch 1:15pm - 2:15pm

Bowl \$41		Japanese Soup U-don w/ Chicken (Pre-order Available)		Taiwanese Soup Noodle w/ Beef Brisket (Pre-order Available) 	BBQ Pork Fried Rice
---------------------	--	---	--	--	--------------------------------

LEO'S Café | Monday: 7:00am - 3:00pm; Tuesday to Friday: 7:00am - 4:00pm

Salad Box \$36	Smoked Salmon Caesar 	Mixed Kale Salad w/ Parma Ham	Thai Beef Salad in Sweet & Chili Sauce	(V) Japanese Cold U-don in Sesame Dressing 	Roasted Chicken Nicoise
--------------------------	---------------------------------	--------------------------------------	---	---	------------------------------------

PIAZZA PIZZA | Monday: 12:00pm - 1:15pm; Tuesday to Friday: 1:00pm - 2:15pm

Pizza A \$30		Ham & Cheese 	Bacon & Cheese 	Chicken & Mushroom 	Meat Lover
Pizza B (Vegetarian) \$30		Marinara 	Trio Cheese 	Marinara 	Trio Cheese



GO & ENJOY

OK BUT THINK

BE CAUTIOUS

Allergens and descriptive icons are displayed on our daily menu, helping students to make informed dietary choices



From cage-free eggs to low-carbon footprint produce, sustainability is incorporated throughout our menus



Oct 20 - 24

WEEKLY MENU

sodexo

20/10 Monday				21/10 Tuesday			22/10 Wednesday			23/10 Thursday			24/10 Friday		
Nutrition Information (per 100g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)
Meal A	Japanese Curry Pork w/ Rice			Bacon Mac & Cheese			Grilled Chicken Steak in Onion Sauce w/ Rice			Coq au Vin w/ Rice			Tori Karaage w/ Cross Trax Fries		
	152	10	8	201	7	5	175	9	5	152	12	5	269	10	15
Meal B	Braised Chicken w/ Leek & Bell Pepper in Black Bean Sauce, Rice			Braised Beef Brisket w/ Radish, Rice			Pork Shogayaki w/ Rice			Fish Florentine w/ Fusilli OR Rice			Beef Goulash w/ Farfalle OR Rice		
	110	5	4	128	9	5	148	9	5	132	4	5	178	12	9
Meal C	Organic Veggie Ratatouille Penne			Channa Masala w/ Rice OR Pita Bread			Truffle Mushroom Sauce Linguini			Braised E-fu Noodle w/ Assorted Vegetable			Stir-fried String Bean & Dried Tofu w/ Kale Borecole, Rice		
	150	5	5	128	8	4	164	6	11	115	4	6	146	10	6
Bowl				Japanese Soup U-don w/ Chicken						Taiwanese Soup Noodle w/ Beef Brisket			BBQ Pork Fried Rice		
				128	12	2				158	8	9	179	9	10
Salad Box	Smoked Salmon Caesar			Mixed Kale Salad w/ Parma Ham			Thai Beef Salad in Sweet & Chili Sauce			Japanese Cold U-don			Roasted Chicken Nicoise		
	171	9	12	185	8	13	110	5	5	165	10	5	106	6	3



GO & ENJOY

OK BUT THINK

BE CAUTIOUS

Allergens and descriptive icons are displayed on our daily menu, helping students to make informed dietary choices



From cage-free eggs to low-carbon footprint produce, sustainability is incorporated throughout our menus

